

# CAMPS FOR TEENAGERS WITH TYPE 1 DIABETES



NAME & LOCATION	AGES	AIMS	ACTIVITIES	CONTACT
<b>Theme Park Gold Coast Camp</b> October 2-7 2011	14-16yrs	Improve knowledge of diabetes management in certain planned situations, increase coping and life skills - living and eating away from home, social risk taking and problem solving. Dr, educators, dietitian present.	2 days travel and visits to 3 theme parks, planned supervised activities.	Angela Blair (02) 49 296970
<b>Albury-Wodonga Diabetes Kids Camp</b>	13-15.9yrs	Increase knowledge, encourage coping skills. Mentoring of younger children by older group. Dr, educators present.	Craft, outdoor activities.	Chris Lieshout (02) 60581 881
<b>South Coast Junior Camp Stanwell Tops</b>	10-13yrs	Increase knowledge and gain confidence, develop skills in giving injections, hypoglycaemia, monitoring, nutrition and basic cooking. Dr, educators, dietitian present.	Canoeing, archery, outdoor activities, swimming	Australian Diabetes Council Illawarra Region (02) 42264379