

CAMPS FOR TEENAGERS WITH TYPE 1 DIABETES



NAME & LOCATION	AGES	AIMS	ACTIVITIES	CONTACT
Theme Park Gold Coast Camp	14-16yrs	Improve knowledge of diabetes management in certain planned situations, increase coping and life skills - living and eating away from home, social risk taking and problem solving. Dr, educators, dietitian present.	2 days travel and visits to 3 theme parks, planned supervised activities.	Diabetes Australia - NSW Hunter Region (02) 49 296 970
Albury-Wodonga Diabetes Kids Camp	9-12yrs 13-15.9yrs	Increase knowledge, encourage coping skills. Mentoring of younger children by older group. Dr, educators present.	Craft, outdoor activities.	Albury Community Health (02) 60 581 881
South Coast Junior Camp The Tops Conference Centre Stanwell Tops Centre	10-13yrs	Increase knowledge and gain confidence, develop skills in giving injections, hypoglycaemia, monitoring, nutrition and basic cooking. Dr, educators, dietitian present.	Canoeing, archery, outdoor activities, swimming	Diabetes Australia-NSW Illawarra Region (02) 42264379