

CAMPS FOR CHILDREN WITH TYPE 1 DIABETES



NAME & LOCATION	AGES	AIMS	ACTIVITIES	CONTACT
Lions Kids Camp Galston Gorge	4-9yrs	Interaction of children and parents. Education sessions for parents & children. Dr, educators, dietitians present.	Games, indoor activities, craft, swimming, Bush Dance.	Diabetes Australia - NSW 1300 136 588
Junior Sleepover Camp	8-10yrs	A bridge between lions Camp to Junior Camp	Outdoor activities	Diabetes Australia - NSW Hunter Region (02) 49 296 970
Junior Camp Morisset	8-13yrs	Increase knowledge & gain confidence, develop skills in diabetes management. Dr, educators, dietitian present.	Outdoor activities, archery, sailing	Diabetes Australia - NSW Hunter Region (02) 49 296 970
Northern Rivers Camp Lennox Head, Lake Ainsworth Sport & Recreation Centre	8-12yrs	Increase knowledge and gain confidence in decision making with diabetes management. Dr, educators, dietitian present.	Canoeing, sailing, archery, beach activities	Grafton Community Health (02) 6640 2379

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Albury-Wodonga Diabetes Kids Camp	9-12yrs 13-15.9yrs	Increase knowledge, encourage coping skills. Mentoring of younger children by older group. Dr, educators present.	Craft, outdoor activities.	Albury Community Health (02) 60 581 881
South Coast Junior Camp The Tops Conference Centre Stanwell Tops Centre	10-13yrs	Increase knowledge and gain confidence, develop skills in giving injections, hypoglycaemia, monitoring, nutrition and basic cooking. Dr, educators, dietitian present.	Canoeing, archery, outdoor activities, swimming	Diabetes Australia-NSW Illawarra Region (02) 42264379